# **BEING MORE**

# **Teachings from Master MORE**



Master MORE as he appeared in early 1900's, Now he is MORE!

#### **Section 1: INTRODUCTION**

#### Who is Master MORE?

Greetings, I welcome you to absorb these pages so you can absorb who I am. Who am I you say? First, let me give you a name I am fond of calling myself. My name is MORE. I AM the drive and impulse of all creation. I AM the impetus for change and direction and the source of strength and power. Whenever you have a desire to transcend something in your life there I AM. Whenever you feel strength well up in your being to handle some struggle, that is me. And yet I come to you today because although I am with you always, you don't understand me. Therefore you don't understand yourself.

For too long students of religion have imagined that beings who have ascended into higher realms are no different than they were on Earth, meaning that they project qualities of their three dimensional lives to limit who they can be. They conjure up images of these ascended beings walking around in some floating city, still bound and trapped in a human body and subject to the same laws as those in the third dimension. Yet I will now give you a vision of MORE.

Your body is a vehicle in this material realm, which is controlled (ideally) by you. Take a moment to compare your body to a car. You enter the car and drive it, and it is your job to navigate through traffic and all the twists and turns your path has to offer. Now imagine after some time of navigating

your car breaks down and dies. What then do you do? Do you say "Oh no my car is dead, so I have to sit here and die with it"? No! You step out of the car and eventually enter a new one when the time is right. So what I am telling you is that you are MORE than your body. You are spirit, which I will call "consciousness".

Therefore, erase any image in your mind that I am confined to a human body. I AM MORE! I did indeed live on Earth and I ascended through service to God. I am consciousness. Throughout my lives on Earth, I chose to embody a certain aspect of Christ Consciousness, a certain quality of God. Just as my dear brother Jesus merged his personality with an aspect of the Christ Consciousness, I have merged my personality with that of BEING MORE. MORE existed before my Earthly incarnations. It was in merging with the quality of MORE that I gained access to it's eternal cosmic consciousness.

While on Earth I said in my being, "I and my Father MORE are one!" Therefore I do have an individuality, but I express that individuality through my oneness with MORE. When I am one with MORE, my consciousness becomes cosmic. I become all things. This is how I am within you right now. Because of my oneness with MORE, I can express to you in words familiar to you that a concept can not. You see the word "MORE", but the word itself does not speak to you. I come to be the voice of MORE, a spokesman if you will. I have mastered BEING MORE, so you can call me Master MORE.

By now you may think I am on some kind of ego trip, but you must realize that I am here solely to make you yourself a Master of MORE as well. When God gives you a gift, you cannot bear to receive it alone. You cry out "Oh Lord, your gift is so grand and wondrous, I want everyone to experience this, for they do not know true happiness, true bliss until they have received a gift such as this!" I am sent by God to give you such a gift, for God has given me permission to share it with you as God has shared it with me. As you read these pages consider yourself a "Student of MORE". I will be your teacher, and if you are diligent you also can become a Master of MORE, even here on Earth!

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## How are you able to hear me?

The reason you are able to hear my voice is because I have trained one of my students how to hear my voice within his heart. The student is not possessed by me and he is not a medium for which I am channeled. I can be heard by all people if they would tune into me in their hearts. This student has merely learned how to turn the dial of consciousness to hear a broadcast of my voice. My student is fully in control of himself, and he sits back and lets my words flow from the connection between our hearts. So do not concern yourself with the student, for you can reach me on your own.

I want you to have a direct relationship with me, just as my student does. There is no group to join or religion to follow. Although you can learn important lessons from religions and groups, this book does not intend to make it seem like membership of an outer group will bring you enlightenment. The only goal of this book is to create a personal tutorship between you and I alone. Behold, I am within you, listen to the voice in your heart, it says "BE MORE!"

#### The Dual Nature of Master MORE

When you ascend from Earth you leave behind your body, but you don't become some blob of consciousness drifting in space. You are given what I will call a "Light Body" in which to express yourself. However, this Light (energy) Body does not have the same limitations as a mortal body. It is a projection of your consciousness, meaning that who you think you are is projected as reality. You can also change this Light Body at will to project different aspects of your consciousness. So in a sense, this Light Body is more fluid. I do indeed have a Light Body to express my individuality, but I am also MORE. Allow me to explain.

When an ascended being merges with a quality of God, that being experiences cosmic awareness within that quality. So if you merge with LOVE, every time someone experiences LOVE you are experiencing it with them. You essentially feel what it is like to BE LOVE. However, it does not mean your identity is lost. You are still you, you are just experiencing LOVE wherever it is and are one with it.

Now take a moment to perceive what it would feel like to receive and experience LOVE in it's entirety through it's infinite facets all at once through all beings' combined experiences! Imagine the absolute bliss! Now you know why I want to share this gift with you. Thus I have explained to you my dual nature so that you can understand MORE of who I AM. But alas, rest assured that everything I tell you has infinitely MORE to it. I am only giving you as much as

you can handle this moment.

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#### **MORE Consciousness**

MORE Consciousness is an aspect of Christ Consciousness. When Jesus attained Christ Consciousness the aspect that he merged with was SERVICE, which includes peace, brotherhood, and ministry. Wherever those qualities are, there is the Prince of Peace himself, Jesus. Therefore, just as I can talk to you, so can Jesus if you but listen to his voice.

The qualities of MORE Consciousness are willpower, direction, and self-transcendence. So to be in MORE Consciousness means to completely understand and embody these qualities in a balanced way. Thus this book can help those that are lacking the willpower to face their personal struggles, the direction to know which path leads back to God, and the self-transcendence to break free of their ego.

I think you can begin to see the importance of MORE in today's world. Moved by compassion, I come to you to free you from the shackles you have chained yourself with. I want to impart MORE Consciousness into your life to raise your vibration until you are one with MORE as I am one with MORE. Heed the voice within your own being. BE MORE!

The only thing stopping you from BEING MORE are the limitations you set on yourself. Through modern cultural and religious brainwashing you have accepted lies which go against the truth of existence. So in the upcoming pages I

will be exposing the lies and illusions that keep you from BEING MORE. Sacrificing these lies on the altar of God is the first step to MORE Consciousness.

#### **Section 2: BLOCKS TO MORE**

#### Discourse 1: Human Perfection is a block to MORE

I AM Master MORE, and I always have MORE to say! I would like to talk to you about a vice that threatens your very faith. It is human perfection. Beloved, if you were perfect how could you be MORE? The very concept of human perfection is one of the greatest snares to befall spiritual people. Students on the path think, "Oh if only I do this or that, or don't do this or that, I will be a good person," but I must tell you plainly, it isn't what you do, it is who you are. And I know you have heard this time and again. Most of you think you completely grasp this, but there is MORE! The material universe is the effect and not the cause. It enables you to see the consequences of your state of consciousness. With this understanding, why would you seek to attain some image of perfection by doing outer things?

Every time you commit an act below unconditional Love, it is an opportunity to see something that is wrong in your consciousness and to go after it and rise above it. But I must tell you that some people think that there is some finish line to cross where you have no more mistakes to correct. Spiritual people who are caught up in this race to human perfection are petrified by guilt and shame whenever they make some mistake and they end up in a blind alley. The only way to be free of this state of consciousness is to look

at the mistake and say "Ah, Master More is giving me an opportunity to BE MORE with him, I will show him that I am willing to join him in BEING MORE." Guilt and shame will never justify a mistake and in fact worsens the mistake significantly. Join me in BEING MORE!

Rejoice when you have learned you made a mistake, be ecstatic in the knowledge that you have free will. Each mistake you meet with joy and in turn transmute is a service to the ALL. Beloved, demonstrate to the ALL that you are willing to be MORE. But realize that there is no finish line to cross where you say, "Thank goodness I am perfect now and do not have to be MORE". Even I, Master MORE, am able to make karma! Did I not incur karma for sponsoring certain spiritual organizations? At one point I had a karma attached so strongly to the name El Morya that I had to change it to Master More. Thus, I am being more just as you are being more. Realize that the enemy of being more is human perfection. Join me in that MORE and worry not about being a "perfect person". Rather than being perfect, perfect yourself in service to God's Will.

#### Discourse 2: Absolute truth on Earth is a block to MORE

Beloved hearts, I come to you today with a most important lesson. You have been told that there is black and white thinking and there is gray thinking.

[Note from student: For those not aware of these concepts, black and white thinking is the state of mind where you think one thing is absolutely right and another is absolutely wrong with no variables. Gray thinking is where you think everything is right and nothing is wrong.]

Beyond that there is absolute right and wrong, but did you think that is the final truth? That there is no MORE understanding that goes beyond this? There is indeed an absolute truth and absolute falsity, but there is a subtle danger for this teaching to be misused. Allow me to take you into the MORE of this understanding.

Quantum physics have shown that there are layers to the material universe in which the farther you move away from the unified field, the farther you move away from the truth of oneness and enter the realms of subdivision, until there is so much division that those divisions are too numerous to count. The "laws" of the material universe such as "electromagnetism" and the "weak field" are separate at one level, but when you go deeper they are one Law called the electro-weak unification! You could say that there is absolute truth represented as the oneness of all life in the unified field. As this truth is divided into multiple truths, this truth is

somewhat deluding, in that it contains truth in the fact that it IS a law that governs a certain layer of the material universe, but there is an inherent falsity that it is separate from other laws. You could say that this law has a certain percentage of truth. Absolute truth is the unified field, which represents the One God. Absolute falsity is the outermost layer of the material universe, which is so superficially subdivided over and over again that it has a very small, almost non-existent shred of truth.

The goal of the spiritual people on Earth is to start at the fringe where there is a small percentage of truth, and constantly move higher and higher in that percentage of truth until that percentage increases to that of absolute truth. Beloveds, what do you think is the point of PROGRESSIVE revelation? It is to constantly expand your perception of truth and be MORE truth. There are those that claim they have an infallible absolute truth, but is that so? Or have they found a truth that raises them higher, thus being a valid truth but not absolute?

There are also those that claim that I, Master MORE, have told them that they are absolutely right in some action they have done, or that in oneness with me they are speaking an absolute truth. Yet consider that I am learning to be MORE, too, and that I can still make karma while ascended. We of the ascended host are still students under the feet of the one God, even though we have ascended to a higher level of Truth than you have.

Let us say that you have two students. They have a disagreement and one has a higher degree of truth than the other. If they approach the discussion from non-duality the result should be that one raises the other higher, and that the one who has raised the other student also gets raised higher because of the experience gained in conversation. In one sense you could say that the student with the higher truth is being the Christ because that student is raising the other student to be MORE.

The student who has the lesser truth is in a sense in the wrong because that student is seeking to bring the Christ lower and that is an action from anti-Christ. So beloved, in a sense there is a right and wrong here, but what I want you to understand is that even the student who is being the Christ is not "absolutely" right! There is always room for the Christ to grow. The Christ is not some static state of absolute perfection. The Christ is one with the laws of God so he/she has a guiding rod, and in a sense being the Christ is the action of being MORE truth. If the Christ was absolutely right, how could the Christ be MORE?

Do not seek to be right and defend your position that is duality; seek to be more, and if you are already BEING MORE, well then be even MORE than you think MORE is! There is always MORE. Do not be concerned with being right, be concerned with growth.

#### Discourse 3: Doubt and Fear are blocks to MORE

Beloved, I hope you now see where you are going wrong with trying to overcome any doubts and fears that you have. You create with your mind, so I will show you exactly how you create these doubts, fears and anxieties. Your attention directs energy from your IAM Presence (your spiritual identity and source of Being) to create the circumstances wherever you place that attention. This is why worry is so dangerous. You are worrying that you will not have something, i.e. the money to pay bills, or happiness, etc., but you are not considering that worry is the exact thing that is causing it. You must accept that you are in control of your life, and you must release any worries that you are a victim of circumstances beyond your control. You are only a victim of yourself. There is no reality to these fears and doubts outside of your own mind. YOU create the fear. But this is good news beloved, because you can choose to NOT create doubt and fear if you want to. You must claim ownership of something before you can give it away. The first thing you have to do is claim ownership of these doubts and fears and understand that YOU create the end result with the power of your attention.

Say this aloud: "I am responsible for any fears or doubts I have... I create my fear... I allow the negative end result to happen because of this fear."

Now, beloved, you must understand why you create doubt and fear in the first place. Once upon a time you may have

believed doubt and/or fear was a useful tool for avoiding situations you did not want to be a part of. When you accepted this belief, you began using it as a tool to your benefit. It began very subtle. It may have begun with a harmless act, but one thing led to another and it developed a pattern. You became addicted to doubt and fear. You became obsessed with feeling fear and the seeming benefits it provided. As the fear increased it would eventually confine you to your house curled up in a ball or paralyzed in a bed. But alas, you would eventually come to a certain point where you may decide to end your creation and take steps to seek help.

In order to undo this fear you must understand and identify the benefits you once thought feeling fear gave you. The first benefit is an excuse to not do something you do not want to do. The second is to find blame outside of yourself and thereby excuse your own behavior.

Let us dive into these apparent benefits and expose them for what they are. The first benefit, which allows you to get out of tough or uncomfortable situations, is very unhealthy in the long run. You slowly weaken yourself until you are devoid of any strength whatsoever. This also facilitates dependence on others and lack of self-sufficiency and responsibility. The second benefit, which allows you to get "free love", is only made possible by a deliberate act of making yourself weaker than you really are. After doing this for a while you diminish yourself and actually become the pitiful person you envisioned. So by indulging in these supposed benefits, you

weaken yourself, become dependent, and give up responsibility.

Take a look at these qualities and ask yourself, "Is this the kind of person I want to be?" Beloved, these are all qualities of anti-MORE. You need to regain your strength. The reason you are having trouble transcending these issues is because you have diminished your power and given up responsibility of your being to dark forces who seek to take advantage of the situation and feed off of the misqualified energy. I must tell you, you ARE starting to take back that power by reading my words and understanding the truth. But since it was a gradual slip into this state, you will not be able to immediately gain back your power, just as a person does not expect to gain muscle mass in a few hours at the gym. You must enter a program of restoring your strength and power and building momentum on MORE. Beloved, MORE is the ray of protection, power, discipline, and faith. These are all qualities that either transmute or protect against doubt and fear. I will give you some affirmations:

In the name I AM THAT I AM, in the name of Master MORE I Decree:

Peace Be Still, Only God's Will!
I AM Unlimited Strength!
I AM Unlimited Potential!
I AM MORE!

# Discourse 4: Focusing on outer appearances is a block to MORE

Your concept of working is an illusion! Your concept of taking medicine, caring for your material body through showering, brushing your teeth, traveling great distances, exchanging services for goods...all these must be transcended. The spiritual is more fundamental than the material. How then can the material have any causes? The material is the effect! What good will it do to make all your changes on the material? What good will it do to make ANY changes on the material? Beloved, it is time to realize this is all backward thinking, for if you are to transcend the material world you must realize that the material world is under your command. Any limitation you have is a reality you produce by your own will. It is a limitation you set yourself. This limitation does not come from God. God desires you to be free of limitation.

I will now teach you the core of that limitation. The core is that you have been brought up in a world that has injected subtle beliefs that this material universe is the only reality and that anything spiritual or religious is imaginary. Beloved, it is the complete opposite! The material realm has no reality outside of what sons and daughters of God (which are the individualized consciousness of God) give it. Your concept of working implies that you are lacking something and need to do something in the physical to fill that lack. Do any of you question this way of thinking? Why would you need to "do" something to fill lack? You need to BE something to fill lack.

You need to BE the Christ.

Now the Christ is indeed work and it should be your only job. Jesus healed the blind and taught many people. His life was indeed service. But was he employed? What happened when his work of being the Christ apparently failed to produce material wealth? Well, did not Jesus materialize through his oneness with God the loaves and fishes? Did Jesus say "Well I need to feed all these people, so I will work a while in the markets to get the money to do so." NO!!! He had faith that while he was pursuing Christhood, he would be taken care of physically. Why would God send Jesus on his mission and not provide materially for him? That mission would be doomed if God had neglected Jesus' material needs.

This student has been through many jobs and he has been receiving insights from me on why he has to transcend the need to "work" in the materialistic sense. Rather, he has become an employee of the ascended host and will receive just compensation if he chooses to have enough faith to receive it. We have brought a similar message of the need for faith through another student. We want you to understand that faith is absolutely critical! If you choose to accept employment from the ascended host, as Jesus did, you are ready to be spiritually and materially self-sufficient. You are ready to be unascended ascended masters!

#### **Note from Student:**

Since this message, I have surrendered the traditional way of working and I realized that as I focused more and more on what God's Will is for my life (which for some may include working a 9-5 job), I have noticed that I have always had a place to sleep, food in my stomach, and kind friends as company.

#### Discourse 5: Lack of Faith is a block to MORE

**Student** - I will introduce this discourse with a lucid dream I had which culminated in this discourse. I copied this in my journal the morning after:

I had a vivid dream last night about being able to levitate. My dreams are always blurry and mish-mashed at best, and this is the first time EVER that I had a dream where I remember everything in a very detailed and consistent way, which is why I feel directed to write it down. It was so lucid that I was able to remember step by step how to achieve it and what it feels like. In my dream I achieved levitation as a result of nothing other than devotion to God, no outer rituals or chants or prayers. Here are the steps I took and the experiences that followed:

- 1. In the dream, I was always continuously walking while focusing on God in a very intense single minded devotion. I focused on God as a spirit who looked like the I AM presence, in that it has a human shape but was so full of light that no recognizable features were seen, and it was also changing a lot so as not to be a graven Image. I just focused on the One true God as I had envisioned during previous meditations on Oneness.
- 2. Not only did I focus on God, but where God (or an individualization thereof) resides, which is the spiritual realm. I focused on these things, and with disregard of my body and this material world just went there. I remember entering a

trance which allowed me to perceive the spiritual realm because I was attuned to it. So again, I just "went there" and the material result is that my vibration was raised so much that weight (karma) was temporarily suspended or lessened to the point of being able to walk on air. This was a result of attuning my consciousness to the spiritual realm and NOT focusing on levitating itself. But the important concept here is that I was continuously walking.

- 3. Now when I achieved this the first thing I did was show my cousin what I could do by performing an experiment. I told her to first pick me up in my normal consciousness while I attuned to the material world (by looking at the ground and focusing on planting my feet on it), and she struggled as I weighed about 160-170 in my dream (my current weight). So I told her to wait and I walked off and got into communion with God to where I was conscious of levitating. When I got back to her I had to focus a portion of my consciousness on the experiment so I was no longer levitating, but I said to her "pick me up". To her surprise she used one hand to lift me up, showing I weighed about 10-15 pounds.
- 4. To both of our amazement, I began preaching God to fundamentalist Christians and they told me I could not do it and it was blasphemy to think so. I told them "did not Jesus say: Verily, verily, I say unto you, He that believeth on me, the works that I do shall he do also; and greater works than these shall he do, because I go unto my Father."? To my surprise they changed from their ways based on the power of the word through me and I did not need to demonstrate

any miracles to them to make them believe. So I preached about the One God and told people that levitation isn't a trick it is merely a side effect of knowing God deeply and not an end in itself. But I also used levitation as a way of showing people that there is more to life than the physical and that it can be transcended.

5. Levitating isn't a superpower that comes from being a powerful human, it is just the effect of the cause of devotion to God, so it is available to all those that raise their consciousness and can become as natural as swimming and need not be anything special in itself. There is also the possibility of becoming prideful in abilities and thinking you are better than others if you happen to achieve it. One should always be reminded that it is the Holy Spirit's gift that allows this and not something that a human ego does. Abuse of the Holy Spirit's gifts are most likely to make heavy karma, so there is a constant humility that MUST accompany miracles.

I am not the doer, My father works hither to and I work. One should focus on raising the all rather than building up yourself and widening the gap.

#### **Master More -**

Beloved, why does it appear that we can give a teaching that seems so simple such as "just levitate through devotion", or to realize your true identity and power thereby gaining control over the material? The real question is why you are making it so hard? Each one of you has to ask yourself this question.

When you hear this teaching with your analytical mind, you accept it to some degree because it sounds interesting and resonates with your being. But what I want you to understand is that your analytical mind will not bring you into acceptance of these teachings because the analytical mind is in the realm of duality. So you hear the teaching that was previously presented and you reason that it is so and you want to embrace that teaching. But since you embrace it with the analytical mind you immediately create a duality of doubt that is equal and opposite. So what is the answer beloved? Well, it is of course the Christ mind. The Christ mind is beyond duality, so when you use that Christ mind you do not create the same dualistic doubt.

The Christ mind is beyond the analytical mind. You are always hearing that you need to reach for the Christ mind. This is correct... you do indeed need to reach for it because it is beyond your current mode of consciousness. The Christ mind is not duality, it is ONE. Therefore you need a ONE pointed focus to attain it. When you know something is truth and want to embody it, you need a one pointed devotion to

it. Where is there room for doubt when you have a singleeyed devotion? Where is there room for failure without doubt?

You need to eradicate doubt and fear so that you can build a momentum to rid yourself once and for all of the energies making our teachings seem "hard". Give the exercises in this book with the single pointed devotion of the Christ mind and you will find it easier to accept these teachings and put them in motion. Beloved, you are unlimited potential, and it is time to remove the limitations you put on infinity. Imagine the possibilities?

#### Discourse 6: Pride is a block to MORE

For those of you that are aware of past dispensations sponsored by the ascended host such as the Summit Lighthouse, you have undoubtedly noticed the dilemma of our messengers losing communication with us and taking the organization into a downward spiral. What has caused this? I will tell you. Pride has caused it.

When we sponsor a messenger, that messenger is inevitably exposed to the demands and pressure of leadership. That messenger starts to get used to their follower's dependence on them and gradually builds a sense of importance and pride. This causes them to think they are at a spiritual level where they no longer have to look at their own issues, and if someone has a complaint with them it must be the fault of the lesser evolved soul (or so they reason with their mind). But I say to you most seriously... if the messenger be an ant HEED HIM!

Some messengers create "Holy Cows" and "Taboos" which are off limits to their followers. This refusal to look at and examine EVERYTHING is what causes the downward spiral of such organizations. In reality this is because it is an eternal truth that you only receive what you ask for, being that the universe is a mirror. So if you do not ask you will not receive. If you do not want to expose and examine everything under the sun and constantly ask "Is this in alignment with God's Will... and is that in alignment with God's Will?", then you will simply not know if you fall out of

alignment. This is why messengers whose organizations fall apart still believe they are in alignment with God's Will when it is painfully obvious to others that they are not.

Thus, I challenge you to uncover your taboos and hold nothing beyond questioning, including your most precious beliefs, for when you are willing to give up what you think is the highest truth, you are ready to RECEIVE MORE!

## Discourse 7: Rigidity is a block to MORE

Many "spiritual" people scoff at the rigidity of orthodox religion with its silly outdated dogma. Few spiritual people, however, are able to see the beam in their own eye while criticizing the mote in the eyes of their brothers and sisters. Do you not recognize your own dogma? Your own superstitions and assumptions? Your own blind adherence to "doctrines" you have accepted as infallible truth?

As I said in a previous discourse, absolute infallible truth on earth does not exist. It is an illusion. Why is this so? Because you live in a dualistic dimension where everything is defined by its relative opposite. In other words, heat only exists as a concept in relation to cold. For how can you describe the properties of heat without its polarity of cold? If there was no such thing as cold, the whole concept of heat would be useless, for heat would then be an unchanging constant. It would be like a fish contemplating being "wet". In the life of a fish there is no concept of "dry" when you constantly exist in water. Now of course fish do not think conceptually about their environment, but I think the message I am trying to convey will become apparent after contemplation of this example.

All of your beliefs are relative in the way that you perceive them. Waiting behind your most cherished beliefs is the truth that they are pointing to. When you look past the words and images and realize the reality to which they are alluding,

you will realize that some people's beliefs are worded differently but are pointing to the same reality!

So, how can you escape rigidity? Realize that you have to go BEYOND words and images, and experience the reality behind them, for if you are stuck on literal teachings and fixed images, you will inevitably become stuck in a blind alley of dualism and relativity. Ask and you shall receive and the truth will set you free.

### **Section 3: MORE TO LIFE**

## **Discourse 1: The 12 spiritual rays**

For a long time the seven spiritual rays have been known in esoteric circles as the visible rays of this realm.

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1<sup>st</sup> ray - Power
2<sup>nd</sup> ray - Wisdom
3<sup>rd</sup> ray - Love
4<sup>th</sup> ray - Purity
5<sup>th</sup> ray - Healing
6<sup>th</sup> ray - Peace
7<sup>th</sup> ray - Freedom
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The other five rays were called "secret rays". I will now give you MORE by expounding on the secret five rays and what they represent. The 8<sup>th</sup> ray is the ray of integration and corresponds to the secret chamber of the heart from which you access your "Christ self", or simply your higher Christ mind. The purpose of this ray is to integrate the seven visible rays in preparation for the ninth ray. By integrating the seven rays, you attain mastery through balance. For you can master each ray individually, but if you are not balanced, this mastery comes to naught.

The ninth ray is the ray of enlightenment and corresponds to the "divine chakra", which is located just above the crown. The divine chakra is where you access your I AM Presence or Individualized Self. The purpose of this ray is to become

God-reliant and Self-sufficient. You no longer rely on the little self, the ego, but the real Self which is God. Out of the one Self sprang the many manifestations of Self, so your "Self" is not only within you but also within others. All share the same Self, which is why Jesus said to love others AS yourself. In this ray you go within and rely on God for everything.

The tenth ray is the ray of creation and corresponds to the chakras located on the hands. After going within and becoming reliant on your I AM Presence, you create an expansion and focus on creating new things. The relation of the 9<sup>th</sup> and 10<sup>th</sup> rays are similar to the in breath and out breath of God. First you go within and then you go without. The purpose of this ray is to take your talents from your communion with God and multiply them by creating an alignment with your higher Self.

The eleventh ray is the ray of oneness and corresponds to chakras located on the feet. These chakras connect you with all life through grounding you to the earth. The reason seekers in the east use the lotus posture is because when their feet are pointed up, they are making a statement that they are removing their grounding from the earth and pointing it to the heavens. The purpose of this ray is to focus on the unity of all life and realize that other people are just "you" having a different experience. This ray also prepares you for the twelfth ray.

The twelfth ray is the ray of the eternal NOW and

corresponds to the aura. The purpose of this ray is to master being present at all moments, to realize that there is only Now and anything else is illusion. In this ray you remove yourself from psychological time, and rely on God moment to moment, living in the Now with gratitude and joyfulness.

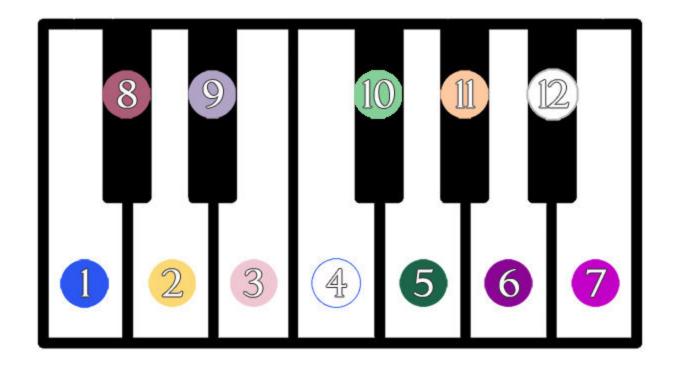
The reason I have exposed the secret rays is because this knowledge is ready to be released, and is vital to spiritual seekers. Do not turn it into a fixed infallible doctrine, but rather use it as a guideline for growth into being MORE. The reality beyond this realm is so complex that this explanation of the twelve rays does it no justice. However, the knowledge of the twelve rays can indeed be a bridge to be crossed into the finer mysteries of Life. There is MORE to Life.

#### **Discourse 2: The Power of 9**

There is power in the number nine. When some devotees do decrees and spoken word affirmations, they mainly do repetitions centered around the number nine. So what is so special about doing things nine times? The answer lies in the world of music. In the western major scale there are eight notes which form an "octave". This scale consists of seven ascending or descending notes followed by a return to the first note, creating an eight note pattern. After this pattern is finished, the scale moves through the same eight notes but in a higher or lower frequency range. These frequency ranges can be likened to dimensions.

So in essence, when you repeat something nine times you first start with some common tonality in your own dimension that you want to move to and you give it eight times, representing moving through or permeating your dimension. The ninth time is the breakthrough into the next dimension, the piercing through the veil. This is why it is important to give it nine times. By piercing through to the next dimension you reach into that realm and create a sacred space for that light to enter.

A powerful exercise to use is to start on the note that corresponds to the ray of the decree, and give each repetition as an ascending note of the major scale until you reach the ninth note, which breaks through the barriers of your current dimension. Below is a graph corresponding the twelve notes to the twelve rays.



# THE 5 SECRET RAYS

8TH RAY IS POWERFUL WISDOM TO INTEGRATE

9TH RAY IS WISDOM THROUGH LOVE OF GOD TO GET ALL OUR NEEDS FROM GODS LOVE

10TH RAY IS CREATION THROUGH PURE SCIENCE

11TH RAY IS ONENESS THROUGH HEALING AND PEACE

12 RAY IS THE PEACEFUL FREEDOM OF LIVING IN THE NOW INTEGRATING ALL THE RAYS

# **Discourse 3: 8th Ray of Integration**

The 8<sup>th</sup> ray of integration is an induction to the invisible rays. In order to master the 8<sup>th</sup> ray you need to integrate and balance your life, avoiding all extremes. While the seven visible rays correspond to the teachings of Christ, the five invisible rays correspond to the teachings of Buddha. The teaching of the "Middle way" is an excellent guide for attaining mastery over the 8<sup>th</sup> ray.

You can think of this ray as a gateway to the other invisible rays. In order to pass through this gateway you must prove that you can walk the middle way in all actions and speech. By accessing your Christ Mind through the secret chamber of the heart chakra, you begin to receive intuitive guidance to pass certain tests and learn certain lessons. It is this ray that focuses on a breakthrough of communication with the ascended realm. Being the first invisible ray, it is the first ray in which you have direct communication with ascended beings.

The essence of the middle way is to avoid relative extremes, not only the relative extremes in diet and lifestyle but also in belief. You must examine your beliefs for inherent dualities and recognize that your current beliefs, no matter how complex, are still very limited to your own situation and spiritual growth pattern. Therefore, you must always be willing to transcend yourself and leave behind beliefs that have served their purpose but have become a size too small.

Included in Section 3 are techniques to achieve growth and eventual mastery of the 8<sup>th</sup> ray of integration as well as the other rays.

## **Discourse 4: 9th Ray of Enlightenment**

The 9<sup>th</sup> ray of enlightenment is a very critical ray to master. Once you have mastered the 9<sup>th</sup> ray, you are fully inducted into the invisible rays and gain access to the last 3 rays. For some, enlightenment is the ultimate goal or end point. This is a misconception, however, because the truth is that enlightenment is only the beginning! But it is true that enlightenment is a tremendous turning point in a soul's journey, and therefore why this ray is so critical.

In this ray the ultimate goal is to become "Self"-sufficient instead of "self"-sufficient. Self meaning the Self which is transcendent to all "selves". This "Self" is God, the infinite Being behind the myriad manifestations of the physical realm. Instead of relying on anything outside of yourself, or even the little self of the ego, you must rely on the Self which created all life and matter itself. In doing so you gain access to the infinite reservoir of Being. All matter comes from the source of being, so it is possible to draw what you need directly from that source instead of doing something on an outer superficial level.

The Buddhic teaching for this ray is meditation. It is by meditation that you reach out and touch the source of Being (God). By doing this you achieve self-sufficiency and direct communion with your God-Self, your I AM Presence, through the divine chakra located above your crown chakra. The divine chakra represents a gateway into the realm of pure being in which you can enter and become one with your I AM

Presence. It is this attainment of oneness with your Real Self through the divine chakra that enlightens you to the reality of life, the truth of life, and the joy of life. Thus you become enlightened and start your journey to Being MORE.

## **Discourse 5: 10<sup>th</sup> Ray of Creation**

The 10<sup>th</sup> ray of creation is where you begin to manifest your attainment from mastering the 9<sup>th</sup> ray. In this ray you can create bread out of thin air and other such miracles. These, in fact, are not miracles but natural God-given abilities given to all sentient beings when God decreed: "Multiply and have dominion over the earth". Having dominion over the earth means that you have power over natural forces. The reason you cannot do these things right now is because throughout time humans have either abused and were stripped of these abilities, or have forgotten them due to a gradual decline in state of consciousness.

Performing these miracles is by no means a parlor trick or a novelty to be learned. It is a natural ability that you already know. The main focus becomes, "What is blocking my Godgiven abilities?" So many people think they have to work to a point to achieve something they don't have. The truth is that you already are capable of such miracles but have accepted certain lies and illusions which prevent you from using them. These lies and illusions are from millennia of conditioning, so expect to put in some effort to exposing and releasing them.

The chakras located in the hands are responsible for channeling the light from your other chakras to concentrate energy in a single point, to then be able to either transfer pure energy, or create from that energy, making that pure light into something you or someone else needs. These

chakras are located in the palm of your hand. Each of the five fingers splits the pure energy into a quality of the invisible rays. Thus your five fingers represent your innate ability and divine right to access the five secret rays.

The Buddhic teaching for this ray is the eightfold path. It guides your creative impulse to create within the will of God. The eightfold path consists of:

- **1. Right View**. Seeing the world through the enlightened eyes of the Buddha gives a clear perspective of life.
- **2. Right Thought.** Your thoughts are creating what you are experiencing. Thinking like the Buddha leads to experiencing bliss.
- **3. Right Speech**. Words have creative power and the right use of speech builds a positive momentum towards enlightenment.
- **4. Right Conduct**. Every action has a reaction. By balancing our conduct we reap the rewards of good behavior as divine blessings.
- **5. Right Livelihood**. Buddha said not to seek happiness by making others unhappy. By treating others as we want to be treated, we reap the same treatment.
- **6. Right Effort**. Balancing your efforts to enlightenment by avoiding extremes allows you to manage the ebbs and flows easier.

- **7. Right Mindfulness**. Being aware of the present moment while monitoring your thoughts helps you to transcend the ego and be reborn into enlightenment.
- **8. Right Concentration**. If our attention is spread too thin, stress is the inevitable result. By practicing concentration and meditation on one thing at a time you pave a road to peace of mind.

#### **Discourse 6: 11<sup>th</sup> Ray of Oneness**

The 11<sup>th</sup> ray of oneness can also be called the ray of Unity. It is in this ray where you realize that you are not a separate being creating things, but are creating simultaneously with all sentient beings. There is not a "you" and a separate "them", you realize that you and all others are one and the same. The golden rule is called so because the color of the 11<sup>th</sup> ray is Gold. The golden rule explains that you should do unto others as you would want them to do to you. But why is there such a rule unless you and others were not connected? The truth of the Golden rule is that what you do unto others you do to yourself because they ARE yourself! With this realization, you become one with all life.

The chakras located in your feet are the energy centers that ground you to the earth and connect you with all life. As with the hands, you have five toes because the pure energy located in the middle of your foot divides to the five invisible ray energies which are radiated into the earth, sustaining it with certain energies and also connecting you into the web of life. These chakras are used to either ground you to this realm, or when in the lotus posture (feet pointed up), raise you to a higher realm.

The Buddhic teaching for the 11<sup>th</sup> ray is the 3 universal truths. Each of these truths give us a deeper understanding of the unity of all life.

**1. Nothing is lost in the universe:** This is the same as the scientific law of the conservation of energy. Whenever

something dies it is not lost but transitions to something else. Nothing is ever lost because everything is ONE.

- **2. Everything Changes:** The River of life is continuously flowing and becoming more. As a result, resistance of this flow of oneness is resistance to life itself, and only causes suffering. Flowing with the river of the oneness of life releases you from suffering.
- **3. Law of Cause and Effect:** You reap as you sow because of the interconnectedness of life. If life were not interconnected, how else would you reap your karma?

### Discourse 7: 12<sup>th</sup> Ray of NOW

The 12<sup>th</sup> ray of NOW is the action of dispelling the myth that time is outside of you. Throughout modern life you may have owned watches, calendars, clocks, planners and organizers, which act to compartmentalize every aspect of life, leaving its victim living in the past or the future while the present moment escapes them. The past and future do not exist. The present moment is all you ever have, the rest is illusion. The moment you live fully in the NOW is when you become your Real Self, your I AM Presence, manifest in this realm.

In this ray you multiply all of your talents and momentums of the other rays to be present and non-attached at all times. There is no color or chakra for this ray, but rather it corresponds to the aura. The aura is always changing, always present, and this is a lesson for any student to do the same. What better time than NOW?

The Buddhic teaching for this ray is mindfulness. Mindfulness is the act of observing your inner and outer world without attachment. Watch your inner and outer world without judgment, criticism, or condemnation. Do not react. Rather picture yourself as a person watching a movie taking in every scene, and accepting what is, every moment. You can make action to change whatever is practical, but if something is out your hands, accept it good or bad without labeling it so. Acceptance of what is, is the secret to happiness and peace.

By mastering all 11 previous rays and bringing them into the eternal NOW, you have mastered this plane and are ready to ascend to finer realms with different sets of rays. In an attempt to give a non-linear view of the 12 rays, I had my student prepare a visual representation below. Master the 12 rays and you will become a Master of MORE, just as I am a master of MORE. The dream of every true teacher is to be surpassed by their student, so I have high hopes for you personally, and will be with you every step of the way.

# THE 12 SPIRITUAL RAYS

1 - POWER

2 - WISDOM

3 - LOVE

4 - PURITY

5 - HEALING

6 - PEACE

7 - FREEDOM

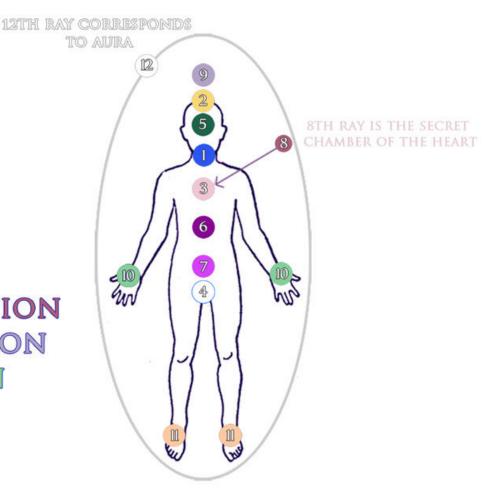
8 - INTEGRATION

9 - MEDITATION

10 - CREATION

11 - ONENESS

12 - NOW



#### **Section 4: SPIRITUAL TECHNIQUES**

## 8th Ray: Prayer for Surrender to God's Will

In the name of I AM THAT I AM, In the Name of Master MORE and the entire spirit of the ascended host, I call to the One True Living God:

I surrender all control and accept your Will for my life. Be it unto me according to your Will. I am willing to accept that I am not the doer; it is you who is the doer. Anytime I try to take matters in my own hands, I shut myself off from your Love. I now accept that I am surrendering everything to you and thereby let your love stream through me and consume all fear, worry and anxiety. I accept that as I surrender myself to you, no matter what I am going through I have access to your infinite Peace. You are my life, my protection, my fulfillment of every need, my teacher, my friend, my highest inspiration and my deliverance. I accept that you are in complete control of this situation, and that you are working to create the highest possible outcome. I accept that I can only allow this highest outcome to become manifest if I lovingly give my whole being into your care.

(Visualize or fully accept this surrender for a few minutes)

Now that I have given myself fully unto to you, I need not worry about what happens for I know that whatever happens

is your Will and is infinitely greater than anything I can imagine. I thank you from the depths of my heart for your Peace and Love. I am grateful for the gift of Life and the wonderful experiences I have had. I am grateful for my family and friends and the opportunity to help others. I am grateful for my limitations, which have pushed me to grow and become closer with you. I am grateful for having food and shelter and a warm place to sleep. I am grateful for being alive in a world of such diversity and beauty. I am grateful for all the wonderful animals you have created to serve mankind. I am grateful for having experienced Love and Peace. I am grateful for having experienced lesser emotions so that I can have more appreciation of Love and Peace. I am grateful for your forgiveness as I experiment with making choices. I am grateful for your Love when I have been in despair. I am grateful for your Peace when I have been scared. I am grateful for your Wisdom when I have been confused. I am grateful for your Nurturance when I have been empty. I am grateful for your Companionship when I have been lonely. I am grateful for your Mercy when I have been rebellious. I am grateful for your Strength when I have been weak. I am grateful for your Healing when I have been sick. I am grateful for your Patience when I have had doubt. I am grateful for this opportunity to talk to you and to send you my gratitude.

(Visualize sending this gratitude to God for a few minutes)

God, now that I am enveloped by your love and nurturance, I know that I do not need to get that Love and nurturance

anywhere else. Instead, I will radiate it to everyone around me and become a channel for you to help others. I accept my complete wholeness now and no longer worry about myself, for I know that you are taking care of me. No longer do I need to defend myself or victimize myself. No longer do I need to feel unworthy or hopeless. No longer do I need to complain about limitations. I fully accept that I surrender my mortal identity, my ego, so that there is nothing left to defend or protect, for you are my ultimate defense and protection. I choose to still my mind and let go of all my fears, worries, wounds of the past, and self-centered desires. I accept that as I clear my mind of this clutter, I make room for you to enter my being and to show me how to live in Love, Peace, and Truth. I accept your transcendent consciousness to raise me out of the hell of separation from you. I accept my oneness with you now and forever.

(Visualize the dissolution and transcendence of the egobased identity for a few minutes)

I accept that I can receive only what I have given, so I will focus on multiplying my talents by giving to others. I choose to put the needs of others before the needs of myself. I choose to help others before asking for their help. I choose to comfort others before asking for their comfort. I choose to Love and respect others before expecting their Love and respect. I choose to understand others before expecting them to understand me. I choose to forgive others instead of expecting their forgiveness. I choose to lift others up instead of making myself feel superior. I choose to focus on what I

can do for others instead of focusing on what I can do for myself. I choose to dedicate my Life to serving God instead of serving myself.

(Visualize what it means to put others before yourself for a few minutes)

God, in complete and utter surrender I dedicate my life to you.

#### Sealing:

I accept this done and sealed in the name of Almighty God, Not my will but thine be done. Amen

### 9<sup>th</sup> ray: Transcendental Meditation

You must first relax your body by using a proper technique to do so, such as diaphragmatic breathing. Make sure you are comfortable and recite this memorized prayer with your eyes closed:

"Father-Mother God, Divine Life, Source of my Being, Great I AM THAT I AM, I know it is your will that I shall become fully enlightened to my oneness with you. Illuminate my being to the awareness of your Presence. Enfold me in your radiant and transcendent consciousness. Fill me with your Love until I am fully expressing your essence.

OM Father-Mother God (3x)

OM Divine Life (3x)

OM Source of my Being (3x)

OM I AM THAT I AM (3x)

OM (3x)"

After reciting this brief prayer let you mind go as blank as possible. If any thought enters your mind simply repeat the above mantras until your thoughts are still again. When you are in complete stillness and beyond the realm of thought

you are piercing through the veil into the spiritual realm and receiving a spiritual recharging of Light. Stay there for a good deal of time and seal the experience in gratitude. Each time you do this meditation, you build a momentum and pierce further and further into the subtle realms of spirit.

A common diaphragmatic breathing exercise is as follows:

- 1. Sit or lie comfortably
- 2. Put one hand on your chest and one on your stomach.
- 3. Slowly inhale (to slow down the intake of breath).
- 4. As you inhale, let your stomach expand with your hand while your chest is still.
- 5. Slowly exhale to regulate the release of air.
- 6. Rest and repeat.

## 10<sup>th</sup> ray: Affirmations by Master MORE

In the name I AM THAT I AM, In the name of Master More and the entire spirit of the ascended host I affirm:

- I AM Unlimited Strength
- I AM Unlimited Potential
- I AM God's Will Manifest
- I AM the Transcendence of \_\_\_\_\_
- I AM Freedom from Limitation
- I AM Unwavering Faith
- I AM the Protection from \_\_\_\_\_
- **I AM Divine Direction**
- I AM the Drive of Self-Transcendence
- I and my Father MORE are One
- I AM MORE
- I AM THAT I AM

## Sealing:

I accept this done and sealed in the name of Almighty God, Not my will but thine be done. Amen

## 11<sup>th</sup> ray: I AM MORE Decree

In the name I AM THAT I AM, In the name of Master More and the entire spirit of the ascended host I decree:

Master MORE set me free
 From limitation let me be
 Ever growing in the light
 Ever knowing your great might

#### **Refrain:**

I AM MORE eternally
I AM MORE now set free
I AM MORE ascending now
I AM MORE my holy vow

2. Master MORE I love God's Will In oneness with you I fulfill The purpose for my life on earth To give this planet its rebirth

#### Refrain

Master MORE teach my soul
 To transcend lack and become whole
 I feel your passion, burning fire
 Serving God with pure desire

#### Refrain

## (Repeat decree 9x before sealing)

### Sealing:

I accept this done and sealed in the name of Almighty God, Not my will but thine be done. Amen

## 12<sup>th</sup> ray: Rose Visualization

Take some time to make yourself comfortable until you are not distracted by anything in the physical realm. When you are relaxed, imagine that your consciousness is superimposed onto a rose. You feel the delicate petals caressed by the cool spring breeze. You are so light you feel like you can float to the heavens. You then become aware of your sturdy stem implanting you firmly into the ground. You feel strength shoot up the stem until you are brimming with energy and vitality. You smell the strong fragrance coming from within and it melts away any negativity.

Just then, two people appear to your right and are arguing with each other. One you recognize as your own ego, and the other is someone else's ego. Because you are a rose you do not try to get involved with the argument, but instead radiate your strength and beauty despite the negativity around you. You go within and shine even brighter than you ever have before, radiating a supreme positivity and love towards everything around you.

The two people arguing are so stunned by your strength and beauty that they find it hard to continue to argue. Instead, both remain silent and in awe. Just by being in your presence, all conflict is diminished. As long as you radiate peace and love, only the things of peace and love are allowed to enter your proximity. Accepting the moment fully,

you return for a moment to explore the consciousness and being of a rose and then seal the visualization in gratitude.

#### **Section 5: Afterward**

#### A few closing words

It is my great pleasure to offer my guidance to those who wish to be offered a helping hand on the path of BEING MORE. Every journey begins with one step and as long as you keep focusing on the step in front of you, your walk will be steady and unshaken. Every student experiences highs and lows. The wise student balances and paces himself, finding joy in times of slow progress as well as times of rapid growth. It is important to be aware of your own cycles and momentums so that you are not discouraged.

Life is an adventure of learning, growing and experiencing new things. Heaviness and depression set in when you forget the aforementioned fact. Having fun is an important part of the path to BEING MORE. If you're not having fun, then you are in need of contemplation for removing the blocks that are in the way. Take a few moments each morning to count your blessings. Look for the humor in life that diminishes all the stuffiness. Laugh as much as you can, it is indeed good medicine.

If you have any questions or concerns I want you to do the following exercise so that you can build up your intuition and connection to me:

1. Flood your mind with the question and explore every angle until you reach either a paradox or a loss of what to do.

- 2. Clear your mind, surrendering every aspect of your thoughts and focus on my presence.
- 3. Without being attached to an answer merely make your self receptive to any outcome of that answer.
- 4. If you receive no answer, repeat daily until one is revealed.

I leave you with my blessings and wait to greet you when you pass from life to more abundant life.

Your brother,

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